Unit 3: Food, Health & Daily Routines

Dates: Jan 18 - Feb 19 (approximate; follows the school calendar)

Goal: Talk about food, healthy habits and daily routines.

Listening

Listen to a cafeteria or doctor dialogue and fill in a menu or routine chart.

Speaking

Role-play ordering food, and a "daily routine chain" where each student adds a step.

Reading

Read recipes and healthy-habit posters and scan them for key information.

Project Based Writing

- K-2: "My Favorite Foods" menu with drawings.
- Grades 3-6: Class recipe book with steps in order.
- Grades 7-9: Healthy week plan and a short blog post.
- Grades 10-12: Health campaign article or public service announcement script.